

# Rinconada Masters Spring Short Course Meet

Saturday March 13, 2010

Sanctioned by Pacific Master Swimming Inc. for USMS Inc., Sanction No: # 38-10-07

**Location:** Rinconada Pool. Embarcadero and Newell Road. Palo Alto.

HWY 101 exit Embarcadero west to Newell. Park on Embarcadero Rd. or turn right on Newell. From 280, exit Page Mill east. Page Mill becomes Oregon Expwy east of El Camino Real. Turn north (left) on Middlefield, east (right) on Embarcadero to Newell.

**Facility:** 14 lane x 25 yd pool (8 competition, 5 warm-up/down, 1 buffer). Note: Timing system is push button only with no pads. Snack Bar available.

**Time:** Warm-up 7:30am - 8:45 am. Meet starts at 9:00 am.

**Check In:** Swimmers in events #1-2 must check in before 8:30 am. All others must check in at least 30 minutes before the estimated start of their event.

**Entries:** This will be a cardless meet. Swimmers may swim up to 5 individual events.

Option 1 – Online Entry – Due by 11:59 pm, Wednesday, March 10

Enter at: <https://www.clubassistant.com/meets.cfm> to receive immediate confirmation of acceptance via email. The “billing information” email must be brought to the meet as proof of entry. Online entry requires payment by credit card using our secure site. The cost to enter this meet is a surcharge of \$6.75 per swimmer and \$5.25 per individual event entered. Please note that the online processing fee of \$1.50 plus 5% is included in these fees. Your credit card will be charged by “ClubAssistant.com Event Billing” for this meet. Online Meet Entry is in no way required of PMS swimmers.

Option 2 – Mail In Entry - You **must** use the consolidated entry form in the Pacific Master Swimming newsletter or request an entry form from Bobbie Callison, (See below) The cost to enter this meet is a surcharge of \$5.00 per swimmer and \$5 per event; \$10.00 surcharge for late or deck entries.

Entries must be **Postmarked by Friday February 26, 2010, or received by Wednesday March 3, 2010.**

**No DECK ENTRIES** for 1000 Free. Mail entry, and check payable to Rinconada Masters and a copy of your 2010 USMS registration card to:

Rinconada Spring Meet

**(No Refunds)**

Bobbie Callison, 450 San Luis Ave., Los Altos, CA 94024 , (650)-948-2339

**Awards:** Ribbons 1<sup>st</sup> through 6<sup>th</sup> in each age group. Special Memorial Awards: Women’s 70-74 Sylvia Bailey Award (400 IM), Men’s 75-79 Willard Johnson Award (1000 Free), Women’s 70-74 Sally Scholer Award (50 Fly), Women’s 80-84 Bernice Silber Award (100 Back), Women’s 90-94 Ellen Tait Award (50 free). (**Please return award Plaques each year**)

**Meet Director:** Jim Shaw 650-529-1173

**Referee:** TBD

**Events:** (Odd – Women, Even-Men)

All events will be swum slow to fast.

1 2 1000 yd Free

**Event #3 will not start before 11 AM.**

3 4 200 yd Breast

15 16 50 yd Back Novice \*

5 6 50 yd Free Novice \*

17 18 200 yd IM

7 8 50 yd Free

19 20 100 yd Breast

9 10 100 yd Fly

21 22 50 yd Fly

11 12 100 yd Back

23 24 400 yd IM

13 14 200 yd Free

25 26 100 yd Free

\* - Novices are those with no prior competitive masters experience.

1650 yd Fly

Special-event, records are kept. Entry is free. No online entry. Call in or deck enter. We will swim one heat only (14 lanes), in order of registration. Bring your own counter and timer. Watches provided. Event must be completed within 45mins.